

SMSC in PE

Spiritual education at The North Liverpool Academy involves pupils developing a variety of skills, e.g. performing a sequence in gymnastics, which allows the pupils to express their feelings and emotions as well as be amazed by what their bodies can achieve. We aim to nurture feelings, enhance moods and enable pupils to reflect on their feelings through movement and games.

Moral education at The North Liverpool Academy in PE concerns pupils having the opportunity to understand how PE can influence their healthy living and lifestyle. PE highlights the advantages of health and lifestyle through team sports and health related fitness. Pupils are also able to understand the rules of activities and the reasons why they need to abide by them and understand what fair play is. Students are also given the opportunity to volunteer within sports activities and influence the younger age groups to make better decisions regarding behaviour.

Social education at The School involves pupils having the opportunity to work as a team, as well as reflect on feelings of determination and enjoyment. Pupils are given the role of a coach or leader to develop their social skills in co-operation, communication, commitment, loyalty and team work. Students lead large parts of lessons and enrichment which allows them to develop relationships with other students and raise their self-esteem by achieving through sport.

Cultural education at The North Liverpool Academy in PE means pupils are given the opportunity to learn games from different traditions, including their own as well being able to appreciate the differences between male and female roles within sport. Through PBL, students can experience topics such as carnival, Africa, Liverpool and the Ocean to not only increase their knowledge in these areas but to also apply sport to these settings.

Examples of Spiritual, Moral, Social and Cultural Education in PE include:

- Pupils reflecting on values surrounding competition which includes 'winning at all costs' as well as sportsmanship and fair play.
- Pupils are given time to work as team to achieve a common goal.
- Pupils developing their self-esteem through leadership activities which enhance confidence.
- Pupils learning to handle success and defeat with dignity.
- Given time for focus group discussions on lesson objectives and outcomes as well as listening to other people's opinions and giving feedback.
- Pupils being introduced to tactics and strategies in sport.
- Pupils developing their moral stance through developing a sense of fair play and positive sporting behaviour as well as reflecting on the need for rules.
- Pupils discovering the role of sport in society.
- Pupils becoming aware of different cultural attitudes towards aspects of physical activity.
- Pupils becoming aware of what contributes to a healthy and active lifestyle.
- Promote the feel good factor within the students and allow them opportunities to succeed and relieve stress.

