



Course Title: Cambridge Technical Diploma in Sport and Physical Activity

Qualification: BTEC

Why should I study this course?	<p>The course will provide you with the coaching, administrative, fitness and sporting knowledge required to be successful within this part of the industry. This is the National Diploma in Sport, Sport Development and Coaching & Fitness pathways. These qualifications are vocationally based with a combination of practical activities underpinned with theoretical study, giving you a good mix of learning environments and real life learning experiences.</p> <p>This course reflects the growth in higher education and job opportunities now emerging in sports development, coaching and fitness industries. This will continue to increase due to government programmes putting £2bn into sports development at grass roots level, the successful London Olympic bid, the emerging health agenda across the nation and the continued development of the fitness industry.</p>
What you will study	<p>You will study 10 different units.</p> <ul style="list-style-type: none">• Body systems and the effects of physical activity• Sports coaching and activity leadership• Sports organisation and development• Working safely in sport, exercise, health and leisure• Physical activity for specific groups• Performance analysis in sport and exercise• Organisation of sports events• Health and fitness testing for sport and exercise• Sports injuries and rehabilitation• Practical skills in sport and physical activities• Sport and exercise psychology
Assessment	<p>You will be assessed in the following ways:</p> <ul style="list-style-type: none">• External Exams• Synoptic placement• Practical demonstration of skills (DVD).• Officiating sports matches.• Written reports.



	<ul style="list-style-type: none">• Training programmes.• Essays.• Presentation.
Prepares you for	Progression to university to study a sports related degree and/or a career in the sport or fitness industry.
Home Learning Requirements	Home learning will be set weekly. Home learning will be specific work booklets that relate directly to the unit of work and will support students when completing assignments.
Grade Requirements	Grade C or above in Science and English GCSE, Level 2 BTEC pass (or above) or GCSE PE C or above. Must achieve Level 2 Pass in BTEC exam.
Recommended Texts (available on LRC)	Helen Bray, Scott Chapman, Alister Myatt, Annette Short, Suzanne Bointon, James Martin Cambridge (2016) Technicals Level 3 Sport and Physical Activity