

## Physical Education

<b>Year group</b>	7 and 8										
<b>Course</b>	Physical Education										
<b>Course content</b>	<b>Winter</b>						<b>Summer</b>				
		<b>Block 1</b>	<b>Block 2</b>	<b>Block 3</b>	<b>Block 4</b>	<b>Block 5</b>	<b>Block 6</b>		<b>Block 1</b>	<b>Block 2</b>	<b>Block 3</b>
	Set 1	Baseline	Basketball	Rugby League	Football	Trampolining	Badminton	Set 1	Athletics	Tennis	Cricket
	Set 2	Baseline	Badminton	Fitness	Football	Basketball	Rugby	Set 2	Athletics	Softball	Cricket
	Set 3	Baseline	Football	Basketball	Rugby League	Fitness	Handball	Set 3	Athletics	Cricket	Softball
	Set 4	Baseline	Trampolining	Football	Fitness	Rugby	Basketball	Set 1	Athletics	Rounders	Tennis
	Set 1	Baseline	Rugby League	Trampolining	Basketball	Badminton	Netball	Set 2	Athletics	Rounders	Cricket
	Set 2	Baseline	Netball	Badminton	Handball	Football	Trampolining	Set 3	Athletics	Cricket	Rounders
	Set 3	Baseline	Handball	Netball	Trampolining	Rugby	Fitness				
	<b>Useful websites</b>	BBC KS3 Bitesize: <a href="http://www.bbc.co.uk/education/topics/z8hkj6f/resources/1">http://www.bbc.co.uk/education/topics/z8hkj6f/resources/1</a>									