

## CREATIVITY



I use my imagination to come up with new ideas  
I find the links and patterns in ideas  
I share my ideas with others and build on them in interesting ways  
I try out different ways to reach my goals  
I welcome other people's ideas and feel confident talking about my own  
I use new ideas to improve myself and my community

## TEAMWORK



I work with others to achieve goals  
I actively listen to what people are saying  
I help and support my teammates and make sure everyone is involved  
I feel confident in different team roles and when leading my team  
I know how to solve conflicts when they happen  
I use teamwork to improve myself and my community

## RISK TAKING



I can describe how safe I feel in different situations  
I know how to risk on purpose by facing my fears  
I try new experiences and learn new skills  
I learn from my mistakes and from good role models  
I understand that I can change  
I know I have the right to feel safe all of the time

## PROBLEM SOLVING



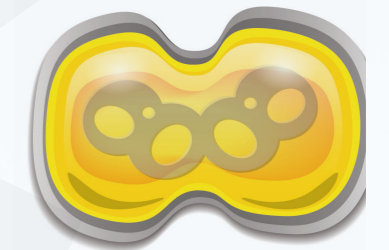
I break down problems into manageable steps  
I use reason and ask the right questions  
I find the right information and people to help me  
I look at problems from other people's point of view  
I imitate others to help me improve  
I help solve my own problems and improve our community

## DETERMINATION



I challenge myself by trying new things  
I get really into what I am doing and can manage distractions  
I notice when things are going well or badly  
If at first I don't succeed, I try, try again...  
I ask for help when I need to  
I believe I can create my own future by being open to change and making the right choices

## REFLECTION



I make time to think carefully about what I have done  
I am open to change and find new opportunities  
I am positive and set SMART goals and targets  
I know how I learn and pay close attention to how I improve  
I take my learning into new situations  
I share my learning to help others and improve my community