

Health and Social Care

At KS4 in Health and Social we follow the BTEC Level 2 program. This vocational qualification provides a solid foundation for students wishing to embark on a career within Health and Social Care.



Component 1 develops an understanding of how people grow and develop through their lives. Explaining how factors such as lifestyle choices and relationships affect this development. Students will study how people grow and develop over the course of their life, from infancy to old age, this includes physical, intellectual, emotional and social development, and the different factors that may affect them.

Component 2 teaches students about health care services. Anyone who visits a health care practice is referred to as a “service user”. This means that they have been given health care from a person who was trained to give them care – they are called “service providers”. Some individuals need social care. This is different from health care, although both types of care are closely linked. People who need social care are not always ill – they may be unable to carry out everyday activities like getting dressed or feeding themselves, or they may need help with their day-to-day lives.

Component 3 allows students to investigate what being healthy actually means. Learners look at the factors that can have a positive or negative influence on a person’s health and wellbeing. Skills will be developed in order for students to interpret physiological and lifestyle indicators, and what they mean for someone’s state of health. This data will be used to learn how to use this information to design an appropriate plan for improving someone’s health and wellbeing, including short and long-term targets. Additionally, students will explore the difficulties an individual may face when trying to make these changes.

Our Learning Journey shows how our topics build upon each other and our students experience a wide variety of themes in order to broaden their learning experience:



Our curriculum at KS4 is as follows:

Year 10

Component 1: Human lifespan development

Students will investigate how, in real situations, human development is affected by different factors and that people deal differently with life events.

Component 2: Health and Social Care Services

Students will study and explore practically, health and social care services and how they meet the needs of real service users. They also develop skills in applying care values.

Year 11

Component 3: Health and Wellbeing

Students will study the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and how to design a health and wellbeing improvement plan.

Learning through Experiences in Health and Social Care

In order to enhance the provision of Health and Social Care beyond the curriculum, our students benefit from the following experiences:

- First aid training
- Healthy living advice
- CPR demonstrations
- Visits from Dementia Friends
- Visits from the Alzheimer's Society
- Making gifts for local care homes

